

# PerioProtect® TREATMENT GUIDELINES

**All Adults:** A comprehensive exam for new or established patients (D0150/D0180 or D0120) includes a periodontal exam unless Full Mouth Debridement (D4355) is needed for a diagnosis. After FMD, the diagnosis can be determined.

PerioProtect is recommended for all patients with 10+ BOP and for patients with localized areas of persistent bleeding.

## Diagnosis & Treatment:

|                                                                   | Health Maintenance/<br>Prevention for Patients with<br>Co-Morbidities and Restorations                              | Gingivitis                                                                                                                  | Perio Maintenance                                                                                                                                                                  |
|-------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                   | 1-3 mm pockets<br>Minimal bleeding (<10 BOP)<br>D110 - Adult Prophylaxis                                            | No bone loss, 1-4 mm pockets<br>D4346 Scaling in Presence<br>of Inflammation                                                | Controlled bone loss<br>1-4 mm or stable pockets<br>D4910 Perio Maintenance                                                                                                        |
| <b>Scan or Impression</b>                                         | D1110 Prophylaxis<br>D1206 Fluoride Varnish<br>D5995 Maxillary<br>D5996 Mandibular<br>D1330 OHI + power brush/floss | D4346 Scaling with Inflammation<br>D4921 Irrigation<br>D5995 Maxillary<br>D5996 Mandibular<br>D1330 OHI + power brush/floss | D4910 Perio Maint<br>D4921 Irrigation<br>D5995 Maxillary<br>D5996 Mandibular<br>D1330 OHI + power brush/floss                                                                      |
| <b>Tray Delivery</b><br>1 wk later (scans)<br>2 wks later (Impr.) | Pre Tx Intraoral Photos<br>Deliver PerioProtect Starter Kit<br>Trays 1x/day for 15 minutes                          | Pre Tx Intraoral Photos<br>Deliver PerioProtect Starter Kit<br>Trays 2x/day for 15 min. (1st tube)                          | Pre Tx Intraoral Photos<br>Deliver PerioProtect Starter Kit<br>Trays 2x/day for 15 min. (1st tube)                                                                                 |
| <b>Re-Eval</b><br><b>2-3 weeks later</b>                          | N/A                                                                                                                 | D1110 Prophylaxis<br>D1206 Fluoride Varnish<br>Trays 1x/day for 15 minutes<br>(starting on 2nd tube)                        | Probing<br>Intraoral photos<br>Trays 1x/day for 15 minutes                                                                                                                         |
| <b>Re-Eval or<br/>Maintenance</b><br>3-6 months later             | D1110 Prophylaxis<br>Intraoral Photos<br>D9630 Perio Gel® (x2)<br>Trays 1x/day for 15 minutes                       | D1110 Prophylaxis<br>Intraoral Photos<br>D9630 Perio Gel® (x2)<br>Trays 1x/day for 15 minutes                               | Probing & D4910 Perio Maint,<br>D1206 Fluoride Varnish<br>D4381 Arestin for any bleeding sites<br>(up to 2 teeth per quad)<br>D9630 Perio Gel® (x2)<br>Trays 1x/day for 15 minutes |

Patients need 2 tubes of gel every 3 months or 4 tubes every 6 months. Patients should wear trays for a minimum of 10 minutes. 15 minutes is recommended for maximum oxygen benefits.

\* Refractory maintenance patients may need to continue 2x/day with 2 tubes of gel. Refer patients to a periodontist if adequate healing does not occur.

# INITIAL PERIODONTAL THERAPY

## Decision Making Tree for Periodontal Therapy

|                                                                  |                                                        |
|------------------------------------------------------------------|--------------------------------------------------------|
| <10 Bleeding Points<br><4 mm pocket depths                       | Refer to <b>Health Maintenance/Prevention Protocol</b> |
| 10+ Bleeding Points<br><2 mm of bone loss<br><4 mm pocket depths | Refer to <b>Gingivitis Protocol</b>                    |
| 10+ Bleeding Points<br>2+mm of bone loss<br>>5 mm pocket depths  | Refer to <b>Periodontitis Protocols</b>                |
| 10+ Bleeding Points<br>4+mm of bone loss<br>>7 mm pocket depths  | <b>Refer to Periodontist</b>                           |
| Hx of SRP<br>10+ Bleeding Points<br>Periodontal Maintenance      | Refer to <b>Perio Maintenance Protocols</b>            |
| Bleeding, Implants, Crowns or Co-Morbidities                     | Refer to <b>Health Maintenance/Prevention Protocol</b> |

|                                     | Periodontitis Stage 1 & 2                                                                                                                         | Periodontitis Stage 3                                                                                                                             |
|-------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Based on AAP Guidelines</b>      | Max Pocket Depth 6mm, BOP<br>15% - 32% bone loss<br>slow disease progression<br>no tooth loss due to periodontitis                                | >7 mm pockets, BOP<br>>33% bone loss horizontal/angular<br>teeth lost due to periodontitis                                                        |
| <b>Initial Therapy Part 1*</b>      | D4341* SRP 2 Quads 1st visit<br>D4921 Irrigation<br>D1330 OHI + power brush/floss<br>*D4342 SRP 1-3 teeth/quad                                    | D4341* SRP 2 Quads 1st visit<br>D4921 Irrigation<br>D1330 OHI + power brush/floss<br>*D4342 SRP 1-3 teeth/quad                                    |
| <b>Initial Therapy Part 2*</b>      | D4341* SRP 2 Quads 2nd visit<br>D4921 Irrigation<br>D5995 Maxillary<br>D5996 Mandibular                                                           | D4341* SRP 2 Quads 2nd visit<br>D4921 Irrigation<br>D5995 Maxillary<br>D5996 Mandibular                                                           |
| <b>1-2 weeks later</b>              | D1330 OHI<br>Deliver PerioProtect Starter Kit<br>Trays 2x/day for 15 min. (1st tube)                                                              | <b>Refer to Periodontist</b><br>Deliver PerioProtect Starter Kit<br>Trays 2x/day for 15 min. (1st tube)                                           |
| <b>Perio Maint 3-4 months later</b> | Probing, D4910, D1206<br>D4381 Arestin for any bleeding sites<br>(up to 2 teeth per quad)<br>D9630 Perio Gel® (x2)<br>Trays 1x/day for 15 minutes | Probing, D4910, D1206<br>D4381 Arestin for any bleeding sites<br>(up to 2 teeth per quad)<br>D9630 Perio Gel® (x2)<br>Trays 1x/day for 15 minutes |

|                |                                                                  |                |                                                                                           |                |                                                                                           |
|----------------|------------------------------------------------------------------|----------------|-------------------------------------------------------------------------------------------|----------------|-------------------------------------------------------------------------------------------|
| <b>Grade A</b> | Non-smoker<br>No diabetes<br>No tooth loss due to Perio. Disease | <b>Grade B</b> | Smokes <10 Cigarettes/day<br>Diabetic with A1C <7%<br>No tooth loss due to Perio. Disease | <b>Grade C</b> | Smokes >10 Cigarettes/day<br>Diabetic with A1C >7%<br>No tooth loss due to Perio. Disease |
|----------------|------------------------------------------------------------------|----------------|-------------------------------------------------------------------------------------------|----------------|-------------------------------------------------------------------------------------------|